

# **INTRODUCTORY TRAINING ON USING VIOLET OAKLANDER'S METHODS OF WORKING WITH CHILDREN & ADOLESCENTS**

**FACILITATED BY SEEMA OMAR**

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**5 DAY RESIDENTIAL TRAINING IN CALICUT, INDIA  
11 – 15 JANUARY, 2020**

**VENUE – ANNAPARA HOME STAY**  
Vythiri, Wayanad, Kerala 673 576, INDIA  
[www.annaparahomestay.com](http://www.annaparahomestay.com)

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# COURSE CONTENT & SCHEDULE

**Based on Violet Oaklander’s two books – Hidden Treasure & Windows to our children**

This course will enable you to elicit, understand, hold, and work with children’s feelings and also to help children have a stronger sense of self - it would be equally helpful for teachers, counselors and parents

The sessions will be mostly experiential - theoretical material would be available and touched upon as it comes up in the sharing of experiences but detailed study of theory would remain the responsibility of the participants

**Course outline:**

|                |             |                                       |
|----------------|-------------|---------------------------------------|
| 11th Jan (Sat) | 6pm onwards | Bonfire & Orientation                 |
| 12th Jan (Sun) | 9a – 12p    | Connecting with Children              |
|                | 1p – 4p     | Projective exercises using art & clay |
|                | 6p – 8p     | Stories                               |
| 13th Jan (Mon) | 9a – 12p    | Working with sand tray                |
|                | 1p – 4p     | Aggressive energy                     |
|                | 6p – 8p     | Puppet Making                         |
| 14th Jan (Tue) | 9a – 12p    | Self Nurturing                        |
|                | 1p – 4p     | Music & Movement                      |
|                | 6p – 8p     | Wrap up                               |
| 15th Jan (Wed) | 7am onwards | Breakfast, Farewell & Checkout        |

Meal times will be communicated daily



**SEEMA OMAR (M. A. Applied Psychology)** • Counselor trained in using the Violet Oaklander method with adolescents and children / 10 years of experience working with parents.

# LOCATION – ANNAPARA HOME STAY



Annapara is located in WAYANAD district in the northern part of Kerala. Wayanad is known for its pristine natural beauty and tropical evergreen forests. The district has two wild life sanctuaries and offers a host of outdoor activities. The Edakkal Caves and Kuruwa Island are a must see. The district is home to a large number of Tribal folk



[WWW.ANNAPARAHOMESTAY.COM](http://WWW.ANNAPARAHOMESTAY.COM)





# REGISTRATION & LOGISTICS

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REGISTER by emailing [zafar.salim@gmail.com](mailto:zafar.salim@gmail.com), with your full name, address and contact details and our team will get in touch with you about next steps.

STAY arrangements at Annapara Home Stay will be for 4 nights on full board, twin sharing basis. Single occupancy option is not offered. If additional space is needed for non-participating family or friends, additional space can be provided, depending on availability. Please inquire for more details.

PICK UP / DROP from & to Calicut Airport (Kozhikode) and railway station will be organized for all participants in one common vehicle.

Training : INR 10,000  
Accommodation : INR 10,000  
TOTAL COURSE FEE : INR 20,000 per participant  
GST 18% shall be applicable on the above

PARTICIPATION will be confirmed on a first come first served basis, and will be limited to the first 10 participants on receipt of 100% of the course fee into the following bank account:

Account Name : DANINDIA TEX PVT LTD  
Account Type : CURRENT A/C  
Account No : 1020010081261  
IFSC Code for online transfer : IBKL00000044  
SWIFT Code (for international transfer) : IBKLINBB044 .

## OTHER ACTIVITIES

In between the training sessions, guests can use the swimming pool, play badminton, do bird or butterfly watching, explore the surroundings on short walks or find a hammock or hanging machan in a quiet corner to just relax. Bring a bathing suite, and comfortable clothing!

## CANCELLATION

More than 30 days prior to the event - 100% refund  
14 - 30 days prior to the event - 50% refund  
7 - 13 days prior to the event - 25% refund  
Less than 7 days prior to the event - No refund